

# The **R.E.A.L.** Framework<sup>TM</sup>



1. **Reflect** on the Now
2. **Reflect** on the Past
3. **Reflect** on the Go
4. **Reflect** on the Future



5. **Exclaim** Enthusiastically
6. **Enhance** Communication
7. **Empower** Intuition
8. **Embrace** Vulnerability



9. **Allow** your Shine
10. **Accept** your Treasure
11. **Actualize** your Agency
12. **Awe** in your Abundance



13. **Lead** with Passion
14. **Lead** with Perseverance
15. **Lead** with Patience
16. **Lead** with Purpose

*Get R.E.A.L. Reflect, Engage, Align, & Lead Yourself to Greatness*